
These are a list of items we think are needed for the trip.

We strongly recommend checking the weather the week before the trip so you have a better idea of what kind of clothes to pack

Warm clothes	
Tracksuit for outdoor activities	
T-shirts & jeans/trousers	
Jumpers/hoodies	
Waterproof coat/mac	
Socks	
Under clothes	
Nightwear	
Trainers that can get muddy/wet	
Footwear/trainers for general purpose	
Indoor slippers (optional)	
Toothbrush & toothpaste	

Shower gel/shampoo/conditioner